

Remember . . .

- ALWAYS take your medicines exactly as they have been prescribed by your doctor.
- If you are unsure about any part of your treatment or medicines, ask your doctor or a local pharmacist for advice.
- If you wish to start taking other medicines such as over-the-counter medicines ALWAYS ask your local pharmacist or GP for advice to ensure it is safe to take with your regular medicines.
- NEVER take any prescription medication that has been prescribed for someone else. Only your doctor will know if a medicine is suitable for you.
- If in doubt, ask at your local pharmacist. The pharmacist is available to give you advice about any aspect or your medicines.

'In house' pharmacist

Saltscar Surgery has a pharmacist 'in house' who can advise you about your medication and discuss alternatives if you are suffering side-effects.

To speak with the pharmacist, ring Reception and arrange a time for the pharmacist to call you back.

We can organise your medicines so that they all run out at roughly the same time. Then you can place a single order for all your medication once each month.

Please count your current 'stock' of tablets and fill in the table below. We will adjust the quantities so that in future they will be due for reordering at roughly the same time.

Patient's name: _____

Date of Birth: _____

Date tablets counted: _____

* LAST COLUMN BELOW FOR OFFICE USE ONLY

Name of Medicine	Strength e.g. 5mg 10mg, etc	How many do you have left today?	Actioned*

PRODUCED BY SALTSCAR SURGERY PPG (v2 Jan-2019)



Synchronise your Prescriptions



All your regular medicines can be re-ordered together

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What is a Repeat Prescription?

Many people take medicines regularly for a variety of conditions. If your condition is well managed, you may not need to see your doctor personally every time you need a repeat prescription.

The repeat prescription will list your medicines and the number of times you can have a prescription before the doctor needs to review the medicines that you take.

This means

- You needn't wait to see the doctor every time you are running out of medication.
- Surgery staff can prepare your prescription at a quieter time of day.
- We can transfer it electronically to your preferred pharmacy who will have the medicines ready for you to collect from their shop a few days later.



What is synchronisation?

This is when your medicines are arranged so that they all run out at roughly the same time. It means you can order all your regular repeat medicines at the same time, usually once per month.

Will synchronising my medicines affect me?

Instead of ordering your medicines as each one runs out, you will only need to order your medicines once a month. This will need fewer trips to the Surgery and the Chemist each month.

What do I need to do?

To synchronise or organise your medicines, the surgery will ask you how many of each medicines you have left and then give you enough of each of these regular repeat items so that they will all be due to run out at the same time. Fill in the form overleaf and bring it to the surgery.

After this has been done we want you to check what medicines you need and reorder all the medicines that you regularly take

What about the medicines I take only when I need them?

When you are ordering your regular repeat prescription, check your 'as needed' medicines to make sure you have enough to last for the next four weeks.

If you have less than four weeks supply, order them with your other medicines. Try to do this every time you order your regular medicines,

What if I start a new regular medicine?

If you start any new regular repeat medicine, the doctor will prescribe enough to last until your next prescription needs to be ordered.

Saltscar – online

Order your repeat prescriptions online using your smartphone or computer.

Book, change and cancel your appointments online.

Ask at Reception for you online login details. *Please bring photo-id.*

www.saltscarsurgery.nhs.uk